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Paul Insel, Don Ross, Kimberley McMahon, Melissa Bernstein ...

Paul Insel, Don Ross, Kimberley McMahon, Melissa Bernstein Published by Jones & Bartlett Publishers (2010) ISBN 10: 0763776637 ISBN 13: 9780763776633

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Paul Insel - Adjunct Professor of Psychiatry and Behavioral Sciences, Stanford University, Stanford, California. Dr. Insel is an Adjunct Professor of Psychiatry and Behavioral Sciences at Stanford University.In addition to being the Principal Investigator on several NIH nutrition projects, he is the senior author of the seminal text in health education and has co-authored several best-selling ...

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Non-Majors Nutrition : Discovering Nutrition, Fourth Edition. Paul Insel, Don Ross, Kimberley McMahon, and Melissa Bernstein. ISBN-13: 978-1-4496-6133-5

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Nutrition by Paul M. Insel

Assessment: This book presents a lot of valuable information in an easy-to-read and easy-to-apply manner. Since nutrition is constantly changing, the fourth edition is a welcome one. It does not include the updated dietary guidelines, but that is not a major issue.

Nutrition / Edition 5 by Paul Insel, Don Ross, Kimberley ...

Discovering Nutrition(4th Edition) by Paul Insel, Don Ross, Melissa Bernstein, Kimberley Mcmahon, Kimberly Mcmahon Paperback, 690 Pages, Published 2012 by Jones & Bartlett Learning ISBN-13: 978-1-4496-6133-5, ISBN: 1-4496-6133-5

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Discovering nutrition (Book, 2013) [WorldCat.org]

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